

## We work with people, teams, and organizations to:



Improve communication and productivity



Create strong, effective, and solution-focused teams



Develop managers and leaders to maximize success



Increase employee and community engagement and retention

# We help you transform your culture and promote success through:



#### **Skill-based Training**

Engage in interactive trainings to develop skills that promote psychological safety, well-being, resilience, empathy, inclusion, and communication.



#### **Restorative Practices**

Create connections, build community, address and repair harm, strengthen relationships, promote accountability, and improve work culture.



## **Program Delivery**

Increase collaboration. alignment, and mutual support through teambuilding, experiential retreats, community engagement, and strategic planning.



### **Coaching**

Expand leadership skills to develop trust, encourage growth, empower teams, and promote a positive, productive, transparent work culture.

Industry Expertise: Non-profits, Health Care, Academia, Science Research

Populations Served: Executive Leaders, Managers, Front-line Team Members, Physicians, Clergy,

Faculty, Graduate/Medical Students, Postdocs, Research Associates, Administrators

## **Contact InterHuman Solutions today for an initial consultation!**





